### Our Mission

At Sigma Health Care our mission is

- · To provide compassionate, educated, patient-focused home health services as our top priority.
  - To provide community education as to how home health can be utilized in maintaining health and curing illness.
  - To provide the tools and connections for utilizing community resources to patients and their families.



#### Galveston

Tel: 409-763-6800 Fax: 409-763-2905



#### Houston

Tel: 713-947-2273 Fax: 713-947-0229



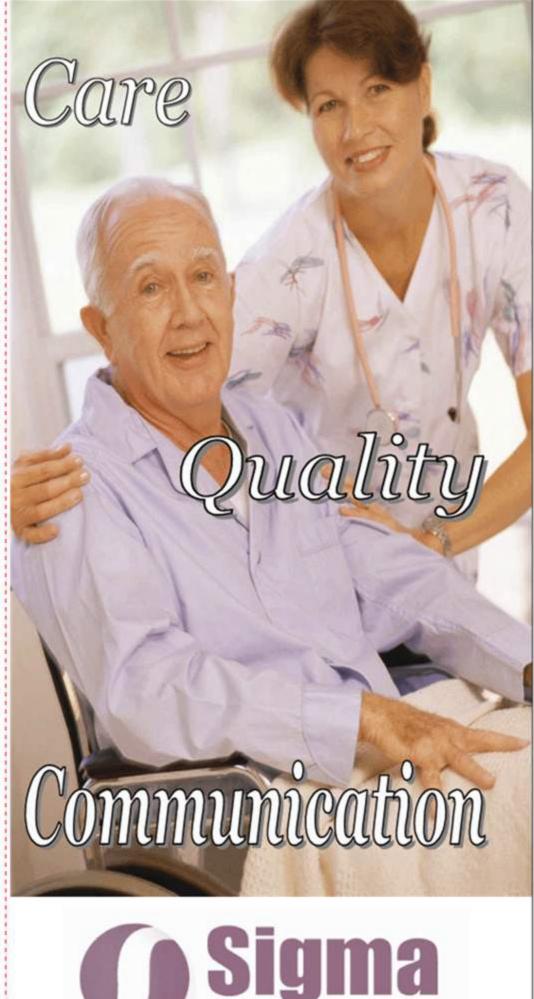
### Other areas

800-246-6614

www.Sigmahomehealth.com

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409-763-6800 713-947-CARE

# What is Home Health?

Home Health is skilled medical care provided in a patient's place of residence for the treatment of an illness or injury. This care should be provided by a licensed and certified home health agency in coordination with a patient's physician. Home health care can be provided to patients who are acutely ill, temporarily disabled or require long term care.

The purpose of home health care is for the agency staff to be the eyes and ears of the physician, to increase patients' activities of daily living (ADLs), to reduce urgent care and re-hospitalization, and to improve patients' and caregivers' lives by teaching special techniques and skills for care and awareness to prevent adverse events and relieve family stress.

# What can we offer?

# Skilled Nursing

- Post Surgery Home Care
- Diabetes management
- Cardiac care
- Teaching on medication
- Pulmonary Care
- · Renal and catheter Care
- · Patient/Family Teaching
- Geriatric Program
- Total Home Infusion Program
- · Diet Instruction / Teaching
- Wound Care
- Ostomy Care
- Laboratory services
- Any other care that can not be performed safely and effectively by a non-medical person.

## Physical Therapy

Exercises to restore movement and strength to an injured arm or leg, and training in getting into or out of a wheelchair or bathtub. Unlike traditional home physical therapy, Sigma's professional staff utilizes state of the art therapy equipment and treatment protocols that often result in or exceed expected outcomes.

# Occupational Therapy

Helps to achieve independence in daily living by learning new techniques for eating, dressing and performing other routine tasks.

# Speech Language Pathology

This type of therapy includes exercises to restore and improve speech.

### **Medical Social Services**

Assessment of social and emotional factors related to the illness, counseling based on this assessment, and searches for community resources to help patients and families.

### Home Health Aide

Includes assistance with personal care such as bathing, using the toilet or dressing. This type of service is offered through a certified nurse aide in conjunction with a skilled service.

# Medical Equipment

When home health services are ordered, we arrange for any medical equipment ordered by the physician to be delivered to the patient's home. This could include oxygen, wheelchairs, walkers or hospital beds. We also arrange for diabetic supplies to be delivered at no extra cost.

# Why are we different?

Our purpose is to deliver services that assist individuals in reaching their optimal level of health and independence in their homes. At Sigma Health Care, we take home health care to heart. We are dedicated to providing high-quality home health care to every patient in the community, whether acutely ill, temporarily disabled or requiring long-term care. We are committed to enhancing home care delivery because everyone deserves to Feel Right At Home.

## Our way of communication:

At Sigma we have developed HomeCare
Interactive ™, a proprietary software that
provides an advanced electronic home
medical record. This allows authorized
individuals involved in patient care including
physicians, patients and caregivers to have
on-demand, 24 hour access to all patient
information. Therefore, quality of care is not
compromised by time or distance and, as a
result, hospitalization and ER visits are
reduced to a minimum.

## Our quality measures:

At Sigma Health Care we maintain a dedicated Quality Improvement Program that is designed to systematically measure and assess outcomes in order to effectively meet patients' needs. As a result, our care outcomes have exceeded national, state and local levels in many aspects. At Sigma, we only do what we can do best.

24 hours 7 days a week

Qualified Medicare Patients are 100% Covered

Sigma Health Care is Medicare certified and a provider for many insurance plans. We are equal opportunity employer and we provide equal treatment for all clients